

Steps for Joining Dr. Stapleton for Online Weight Loss Program

- You must have an email address and an Internet connection on your computer
- Signify your interest by clicking on the contact request on Dr. Stapleton's website
- In order to have a successful group program, there will be a minimum number of participants who must express interest before we will start
- Once a prospective group is established, a time and date will be announced and interested participants will be contacted
 - Credit card authorization forms will be required
 - Group rules and requirements will be mandatory
 - Attendance will be required (except emergency)
- You will be emailed two information forms which must be returned by email before you are given a spot in the program.
- Sessions will use Zoom
 - An email will be sent to register you and download the software
 - Each session a link will be emailed to make it easy for you to login to the group
- Payment
 - You will be invoiced a \$35 per session fee that must be paid by credit card